Southern Fox Valley EMS System
Approved Continuing Medical Education
Basic and Emergency Medical Responder

This document is designed to explain the continuing education requirements for EMTs and Emergency Medical Responder (EMR/FR-D) in the Southern Fox Valley EMS System and outlines the documentation and procedures required to be re-licensed.

CE Hour Requirements:

Emergency Medical Technician (EMT)

In the four (4) year license period a total of 60 hours of continuing education must be earned in accordance with the system's policies and the Illinois Department of Public Health (IDPH) rules and regulations. In addition, Southern Fox Valley policy states that you will be required to complete all mandatory continuing education.

Emergency Medical Responder (EMR/First Responder AED)

In the four (4) year license period a total of 24 hours of continuing education hours must be earned in accordance with the system's policies and the IDPH rules and regulations. In addition, Southern Fox Valley policy states that you will be required to complete all mandatory continuing education.

50 % of the total CME must be obtained from within the System CME.

By completing all the Monthly CE and the Monthly Take-Homes a provider may obtain 34 hours of Continuing Medical Education. (These will be available online for two (2) months from the first day they are posted).

Each pre-hospital provider is ultimately responsible to complete the required state and system-required CE.

Didactic	Hours	Documentation
ITLS, PHTLS, PEPP, PPC, Initial certification Initial/recertification	Hour-for-hour, up to 8 hours. 1 time per license period per cert.	Copy of course issued card indicating successful completion, hours of attendance, date and sponsor of course. This should be given to your EMS coordinator and then they will upload to ESO.
AHA Health Care Provider Card	2 hours every two years.	Copy of CPR Card, this should be given to your EMS coordinator and then they will upload to ESO.
AHA CPR Instructor or Training Center Faculty	5 hours every two years	Current CPR Instructor or Training Center Faculty Card, this should be given to your EMS coordinator and then they will upload to ESO.
System CE programs, Proctor paramedic class, Prescreen Proctor	Hour-for-hour	Signature on system attendance form or Instructor signature on CE tracking form.

Didactic	Hours	Documentation
Outside Seminars To include CECBEMS Courses	Subject to system approval. 24 hours in 4 year license MAX for EMT basic 6 hour in 4 year license MAX for EMR.	Written verification of attendance and dates. Attach copy of certificate. This should be given to your EMS coordinator and then they will upload to ESO.
Health Care Related College Courses	Subject to system approval. 2 hour for each college credit hour.	Written verification of attendance and dates. Attach copy of certificate.
EMT Basic Instruction EMR Inst.	1 hour for every 2 hours taught. To a max of 30 hours in 4 years.	Written verification of attendance and dates from course coordinator.
Community Education and Prevention (pre-hospital content)	Up to 10 hours per license period	Written verification from your EMS Coordinator or Chief
Clinical- • Emergency Department • CCU/ICU • Anesthesia **(Clinical is not allowed at your place of employment)**	Up to 10 hours per year. (Working hours do not count) ***Make sure you have all supporting documentation on file with the EMS System***	Signature on the continuing education roster or your completed portion of the evaluation form.
Take home Quiz Or Hospital Age Specific reading	1.5 hour per topic (unless otherwise stated)	**Take home quizzes must be completed within two (2) months of the time they are published.**
For any new licenses issued after January 1, 2016, you will be required to have the appropriate amount of hours in the following sections in order to renew. Failure to have the assigned hours will result in incomplete system requirements and could cause a delay in re-licensing or lapse of your license. These hours cannot be used in multiple sections.		
PREPARATORY: Suggested topics: EMS Systems/Roles and Responsibilities of the PM, Well-Being of the PM, Illness and Injury Prevention, Medical / Legal Issues, Ethics, General Principles of Pathophysiology, Pharmacology, Venous Access and Medication Administration, Therapeutic Communications, Life Span Development	EMT: Four (4) hours of Preparatory, during your four (4) year license period. EMR: Two (2) hours of Preparatory, during your four (4) year license period.	
AIRWAY MANAGEMENT AND VENTILATION: Suggested topics include: Airway Management and Ventilation	EMT: Eight (8) hours of airway management and ventilation, during your four (4) year license period.	

Complex depth, comprehensive breadth within the scope of practice of the paramedic • Airway anatomy; assessment • Techniques of assuring a patent airway • Anatomy of the respiratory system • Physiology, and pathophysiology of respiration • Pulmonary ventilation; oxygenation • Assessment and mg of adequate/ inadequate respiration • Supplemental oxygen therapy	EMR: Three (3) hours of airway management and ventilation, during your four (4) year license period.	
PATIENT ASSESSMENT: Suggested topics: History taking, Techniques of physical examination, Patient assessment, Clinical decision making, Communications, Documentation	EMT: Five (5) hours of patient assessment, during your four (4) year license period. EMR: Two (2) hours of patient assessment, during your four (4) year license period.	
TRAUMA: Suggested topics include: Trauma Systems/ Mechanism of Injury, Hemorrhage and Shock, Soft Tissue Trauma, *Burns*, Head and Facial Trauma, Spinal Trauma, Thoracic Trauma, Abdominal Trauma, *Musculoskeletal Trauma*	EMT: Seven (7) hours of trauma, during your four (4) year license period. EMR: Three (3) hours of trauma, during your four (4) year license period.	
Cardiology Suggested topics: Anatomy, physiology, epidemiology, pathophysiology, psychosocial impact, presentations, prognosis, and management of: Complex depth, comprehensive breadth • Acute coronary syndrome; Angina pectoris; Myocardial infarction; Heart failure • Non-traumatic cardiac tamponade • Hypertensive emergencies • Cardiogenic shock	EMT: T (10) hours of cardiology, during your four (4) year license period. EMR: Four (4) hours of cardiology, during your four (4) year license period.	

• Vascular disorders; Abdominal aortic aneurysm o Arterial occlusion; Venous thrombosis • Aortic aneurysm/dissection, • Cardiac rhythm disturbances Fundamental depth, foundational breadth • Infectious diseases of the heart: Endocarditis, Pericarditis • Congenital abnormalities		
MEDICAL: Suggested topics include: Pulmonary, *Neurology*, *Endocrinology*, Allergies and Anaphylaxis, Gastroenterology, Renal/Urology, Toxicology, Hematology, Environmental conditions, *Infectious and Communicable Diseases*, *Behavioral* and *Psychiatric Disorders*,	EMT: Twelve (12) hours of medical, during your four (4) year license period. EMR: Five (5) hours of medical, during your four (4) year license period.	
SPECIAL CONSIDERATIONS: Suggested topics include: Neonatology, Gynecology, Obstetrics, Pediatrics	EMT: Ten (10) hours of special considerations, during your four (4) year license period. EMR: Three (3) hours of special considerations, during your four (4) year license period.	
Geriatrics, *Abuse* and Assault, Patients with Special Challenges, Acute Interventions for the Chronic Care Patient	EMT: Two (2) hours of special populations, during your four (4) year license period. EMR: One (1) hour of special populations, during your four (4) year license period.	
OPERATIONS: Suggested topics include: Ambulance Operations, MCI, Medical Incident Command, Rescue Awareness and Operations, Crime Scene Awareness	EMT: Two (2) hours of operations, during your four (4) year license period. EMR: One (1) hour of operations, during your four (4) year license period.	